LEADERSHIP REFRESHER

SYLLABUS

October 2020

Written & Delivered By:



ACADEMICS • LEADERSHIP • PUBLICATIONS

LEADERSHIP REFRESHER

Overview

In today's business arena, challenges can arise at any time, and to be an effective leader you need to be able to respond to those challenges with intelligence, strategy, and expertise. If you are having difficulty responding to unanticipated challenges, or if you are simply interested in improving your leadership skills, perhaps it is time to further develop your leadership skills and actions. As most experienced and successful leaders profess, leadership development is a lifelong learning process.

The purpose of this module is to refresh your leadership skills and hone your leadership actions so that you can be a more successful leader in your workplace. Specifically, you will learn how to influence people, grow other leaders, lead a team, understand your values, and go to the next level in your leadership journey.

Learners

This module is designed for anyone in a leadership role including a high-value team member, supervisor, manager, executive, or business owner. This module is also for those who wish to learn and understand more about what it means to be a leader so that they can be successful in the workplace.

The module may qualify for Continuing Education Units (CEU) for professional certifications depending on the professional association.

Authors

The author for this module is Peregrine Global Services headquartered in Gillette Wyoming. Peregrine Global Services through its Peregrine Leadership Institute division has been teaching leadership to small businesses, government agencies, higher education institutions, and nonprofit organizations since 2004.

The course includes materials from a variety of sources and relies heavily on experiences of the Institute's leadership facilitator.

Leadership Refresher

Learning Outcomes

The learning outcomes for the module are as follows. With the completion of this module, learners should be able to:

- 1. Create a personal definition of leadership.
- 2. Apply the Start with Why concept to their organization.
- 3. Articulate the values and attributes of leadership.
- 4. Demonstrate the power of positive expectations.
- 5. Delegate to grow other leaders.
- 6. Perform ethical decision-making.
- 7. Become a multiplying leader.
- 8. Perform leadership communications in the workplace.
- 9. Appropriately give and receive feedback.
- 10. Develop and deliver a presentation.
- 11. Perform active listening.
- 12. Know the stages of team development and apply the right leadership approaches for each stage.
- 13. Lead a team through the five dysfunctions.
- 14. Apply the 6 C's of teamwork to their team.
- 15. Manage workplace conflict.
- 16. Lead others to overcome the resistance to change.
- 17. Lead change in the workplace.
- 18. Evaluate a workplace change initiative.
- 19. Lead in the workplace based on the 14 traits of great leaders.
- 20. Evaluate team planning.

- 21. Demonstrate a leadership commitment.
- 22. Evaluate a supervision case study.
- 23. Be an inspiring leader.
- 24. Develop and implement a personal leadership development plan.

Certificate Curriculum

| <u>Section</u> | Topics / Subtopics |
|---|---|
| Section 1: Understanding Leadership | Leadership Defined Leadership Defined Video Management vs. Leadership The BE, KNOW, and DO Concept |
| Section 2: Start with Why | Simon Sinek's Start with Why VideoSimon Sinek's Golden Circle Applied |
| Section 3: The Values and Attributes of Leadership | Seven Key Leadership Values Values & Attributes Video Seven Key Leadership Attributes 11 Powerful Traits of Successful Leaders Article How to Become the Person Others Want to Follow Article |
| Section 4: The Power of Positive Expectations | The Power of Positive Expectations The Pygmalion Effect Video S.M.A.R.T Objectives The Power of Expectations: The Pygmalion Effect Article |
| Section 5: Delegation | Understanding Delegation Delegating to Grow Other Leaders The I.D.E.A.L.S. Model Demonstrating Effective Leadership in The Workplace Article Delegation Stressors |
| Section 6: Ethical Decision- making | An Ethics Self-assessment9 Case Studies in Business Ethics |

| Section 7: Multiplier Effect | The Multiplier Effect Video Beauties and Multiplier Beauties and |
|--|---|
| | Becoming a Multiplier |
| Section 8: Leadership Communications | Importance of Communications What is Communications Video The Communications Process Skills of Good Communicators |
| | Giving Feedback |
| | Giving and Receiving Feedback Video |
| Section 9: Giving & Receiving Feedback | 10 Common Performance Feedback Mistakes |
| | Receiving Feedback |
| | Use Mentoring to Develop Employees Article |
| | Speakers vs. Communicators |
| Section 10: Presentation Skills | Presentation Basics |
| | Presentation Skills Video |
| | The 4-step Active Listening Model |
| | Active Listening Video |
| Section 11: Active Listening | A People Leader's Guide to Active Listening Article |
| | Active Listening: The Art of Effective Communication Article |
| | Different Types of Teams |
| | Selecting Team Members |
| Section 12: Team Life Cycle | Stages in Team Development |
| | 15 Principles for Leading a Successful Team Article |
| Section 13: Five Dysfunctions of a Team | The 5 Dysfunctions of a Team |
| | 10 Leadership Skills Every Leader Needs to Success Article |
| | The 6 C's of Teamwork |
| Section 14: Six C's of Teamwork | Characteristics of Great Teams Video |
| | Where Do you Want Your Team to Operate? |
| Section 15: Conflict in the Workplace | The Stages of Conflict |
| | Manage Conflict Constructively |
| | Causes of Conflict |
| | Conflict Resolution |
| | Conflict in the Workplace |
| L | |

| | The C.A.L.M Model Video |
|--|--|
| | Conflict Application Exercise |
| Section 16: Resistance to Change | 10 Good Reasons Why People Resist Change and the Strategies to Overcome the Resistance 16 Essential Leadership Skills for The Workplace of Tomorrow Article |
| Section 17: Leading Change | John Kotter's 8-step Process for Leading Change The 20 People Skills You Need to Succeed at Work Article |
| Section 18: Leading Change Case Study | The Trim Tab VideoCase Analysis |
| Section 19: Leading in the Workplace | 14 Essential Traits of Great Leaders 10 Ways to Demonstrate Leadership at Work Article |
| Section 20: Team Planning Case Study | Grocery Store 334 Video Case Study Analysis |
| Section 21: The Leadership Commitment | 9 Tips towards Being Accountable and Committed 8 Tips for New Team Leaders Article |
| Section 22: Supervision Case Study | Briton's Best Boss VideoCase Study Analysis |
| Section 23: Inspiring Performance | Would I Follow Me? Video Inspirational Leadership 20 Powerful Ways That Will Lead Your Team to Greatness Article |
| Section 24: Assessment and Action Plan | Personal Leadership Development PlanAssessment |

References and Additional Readings

- Crump, K. (2014). 8 Tips for New Team Leaders. https://www.liquidplanner.com/blog/8-tips-for-new-team-leaders/
- Daskal, L. (2017). 20 Powerful Ways That Will Lead Your Team to Greatness.

 https://www.inc.com/lolly-daskal/20-powerful-ways-that-will-lead-your-team-to-greatness.html
- Deep P. (2017). 11 Powerful Traits of Successful Leaders.

 https://www.forbes.com/sites/deeppatel/2017/03/22/11-powerful-traits-of-successful-leaders/#1b95776c469f
- Dudeva. L. (2017). 15 Principles for Leading a Successful Team.

 https://www.plushr.com/blog/managing-your-team/15-principles-for-leading-a-successful-team
- Engagedly. (2019). Demonstrating Effective Leadership in The Workplace. https://engagedly.com/demonstrating-leadership-in-the-workplace/
- Forbes Coaches Council. (2017). 16 Essential Leadership Skills for The Workplace of Tomorrow.

 https://www.forbes.com/sites/forbescoachescouncil/2017/12/27/16-essential-leadership-skills-for-the-workplace-of-tomorrow/#3be2275254ce
- Gamelearn Team. (N.D.). 10 leadership skills every leader needs to success. https://www.game-learn.com/10-leadership-skills-every-leader-needs-to-success/
- Gkiokas, D. (2018). *The Power of Expectations: The Pygmalion Effect*. https://www.themetalearners.com/pygmalion-effect/
- Gleeson, B. (2015). 5 Ways to Lead Your Team More Effectively.

 https://www.forbes.com/sites/brentgleeson/2015/02/18/5-ways-to-lead-your-team-more-effectively/#472a5009767f
- Heathfield, S. M. (2019). How to Become the Person Others Want to Follow.

 https://www.thebalancecareers.com/lead-the-team-how-to-become-the-person-others-follow-1918610
- Heathfield, S. M. (2020). *Use Mentoring to Develop Employees*. https://www.thebalancecareers.com/use-mentoring-to-develop-employees-1918189.

- Oedekoven O. O., K. B. Venkateshiah, D. J. Gilbert, & D. K. Robbins (2019). *Leading Organizations: Innovating for Performance Excellence*. Gillette, Wyoming: Peregrine Pathways.
- Oedekoven, O. O., D. K. Robbins, B. Bishop, M. Thomas, & R. Mansheim. (2018). *Hiring: A Practical Guide for Selecting the Right People*. Gillette, Wyoming: Peregrine Pathways.
- Oedekoven, O. O., D. K. Robbins, J. Lavrenz, H. A. Dillon, Jr., & R. Warne. (2018, 2015).

 Leadership Foundations: A Conversation Regarding the Character, Skills, and Actions for Leaders. Gillette, Wyoming: Peregrine Pathways.
- Oedekoven, O.O., Lavrenz, J., & Robbins, D.K. (2018, 2014). *Leadership Essentials: Practical and Proven Approaches in Leadership and Supervision*. Gillette, Wyoming: Peregrine Pathways.
- Schnoebelen Imbs, N. (2018). *Active Listening: The Art of Effective Communication.*https://stlpolished.com/active-listening-the-art-of-effective-communication/
- Smith, J. (2013). *The 20 People Skills You Need to Succeed at Work.*https://www.forbes.com/sites/jacquelynsmith/2013/11/15/the-20-people-skills-you-need-to-succeed-at-work/#27323c583216
- Szostek, L. (2018). *10 Ways to Demonstrate Leadership at Work*.

 https://www.capella.edu/blogs/cublog/how-to-demonstrate-leadership-in-the-workplace/
- Wermuth, M. (2019). *A People Leader's Guide to Active Listening*. https://open.buffer.com/active-listening/

Certificate Delivery

The course could be delivered using Peregrine's Learning Management System (LMS) known as CMAD. Course instruction is with asynchronous online learning activities.

<u>Assessment</u>

Throughout the module, there are in-progress quizzes and short exercises to ensure understanding of the instructional content. A module completion certificate is issued when the learner obtains at least 80% on the final exam, which includes a question based on each learning outcome.

Hours and Articulation

Learner hours for the module are shown in the following table. The hours are based on both the time within the module and time away from the module conducting application activities.

| <u>Section</u> | <u>Hours</u> |
|--|--------------|
| Section 1: Understanding Leadership | 1 |
| Section 2: Start with Why | 1 |
| Section 3: The Values and Attributes of Leadership | 1 |
| Section 4: The Power of Positive Expectations | 1 |
| Section 5: Delegation | 1 |
| Section 6: Ethical Decision-making | 1 |
| Section 7: Multiplier Effect | 1 |
| Section 8: Leadership Communications | 1 |
| Section 9: Giving & Receiving Feedback | 1 |
| Section 10: Presentation Skills | 1 |
| Section 11: Active Listening | 1 |
| Section 12: Team Life Cycle | 1 |
| Section 13: Five Dysfunctions of a Team | 1 |
| Section 14: Six C's of Teamwork | 1 |
| Section 15: Conflict in the Workplace | 1 |
| Section 16: Resistance to Change | 1 |
| Section 17: Leading Change | 1 |
| Section 18: Leading Change Case Study | 1 |
| Section 19: Leading in the Workplace | 1 |
| Section 20: Team Planning Case Study | 1 |

| Section 21: The Leadership Commitment | |
|--|----|
| Section 22: Supervision Case Study | |
| Section 23: Inspiring Performance | |
| Section 24: Assessment and Action Plan | |
| Total Hours | 24 |